



When someone else needs help

Who is this resource aimed for?

This is a useful resource for those who may find it difficult to understand the emotion of others but also to be used universal for a children who just want to explore the feelings of others.



- Crosby's dad is not well.
- He is in hospital at the moment.
- Crosby has had a day off school to see his dad but now is back at school.
- Write down the things you might notice about how Crosby is behaving.

Now think about the reasons why Crosby might be feeling this way

Circle the different **feelings** that Crosby could be feeling that might be a reason why he is behaving this way at school.

sad happy worried angry
 disappointed confused cheerful
 embarrassed excited proud
 nervous



What advice would you give Crosby to help him?

