

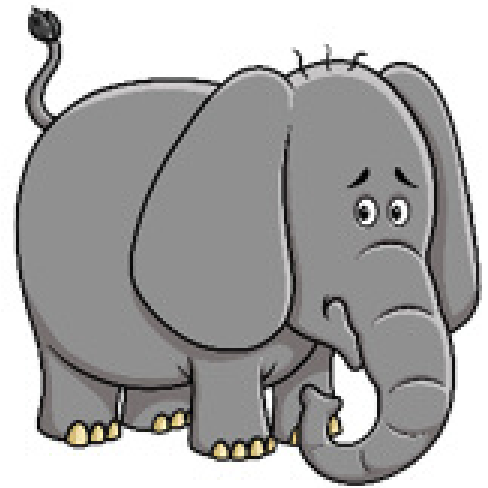


Helping Elliot the Elephant when he feels sad

Who is this resource aimed for?

This is a primary resource that may help children who are trying to think of ways they can help other children. It can be used universally or specifically for children who find it difficult to understand the feelings of others.

Elliot is sad. You have noticed that he doesn't want to play at breaktime and is sitting on his own. He isn't talking much. You find out that he is feeling very worried about going into school in the morning and has been crying outside the gate. Think of different ways that you could help Elliot.



- 1.
- 2.
- 3.
- 4.
- 5.

Sometimes when children feel sad they enjoy doing things that means they are concentrating on something else. Can you use the picture of Elliot, colour it and draw things around him to help make him happy?

